



We are glad you will be camping at Rocklands Centre, a quality residential Christian campsite near Simon's Town, South Africa. All of our facilities have indoor plumbing and are well maintained for your comfort. You will find the following items very useful to have during your stay here with us. Rocklands is right next to the coast, and the sun sets early. It can therefore get quite cold. Talk to your leader if you have any questions about the items listed.

YOUR KIT LIST

- 1 set of clean, dry clothes per day
- 1 set of clothes that can get dirty
- Strong trainers/shoes that can get dirty
- Warm and waterproof clothes
- Pyjamas
- Towel (swim and shower)
- Toiletries (toothbrush, shampoo, etc)
- Suncream
- Swimwear
- Bedding (duvet, pillow- a sheet is on the bed)
- Torch with fresh batteries
- Large plastic bag for dirty/wet clothes

TALK TO YOUR LEADER BEFORE YOU BRING THESE ITEMS:

- Bible, notebook, pen
 - Plate, bowl, mug, cutlery
 - Water bottle
 - Hiking boots/shoes
 - Money for tuckshop
 - Junk food
 - Valuables (e.g. camera, mp3, cell-phone)
- PROHIBITED:** Alcohol and drugs of any sort is strictly prohibited on all of Rocklands Centre, including buildings and chalets.
- Smoking is prohibited due to the severe fire risk on the mountain

CAMPER INDEMNITY FORM FOR USE AT ROCKLANDS:

The parent, or guardian, by signing this document warrants that he/she has read and understood and agrees to the terms and conditions below:

The participant named below has my permission to participate in all the activities on the camp. Although I understand that every care is taken to ensure his/her safety, I am aware that attendance is at their own risk. I hereby agree to indemnify the Rocklands Campsite Trust, the appointed leaders, associates and volunteer staff and to hold them blameless in respect of any liability for any injury, loss or damage or expenses of whatever nature to any person or property howsoever caused.

I also here authorise the organisers to administer appropriate First Aid and to arrange for medical treatment or hospitalisation in case of any emergency.

Full name of participant

Full name of parent/guardian.....

Contact details of parent/guardian.....

Signature of parent/guardian.....

Date.....

This form is to be signed by all individuals making use of any facilities at Rocklands.